



Sheila D. Boynton,

LSW, MDiv, CTCP, CAMS-I
Founder, Therapist, Speaker &
Life Coach

Sheila is a Trauma Certified Therapist, Licensed Social Worker, Certified Anger Management I Specialist and Licensed Minister who has been practicing psychotherapy using various treatment approaches.

- Years in Practice: 15+ Years
- License: Pennsylvania / SW128672
- Certified: Anger Management-I Specialist
- Certified: Clinical Trauma Competent Trained Professional
- Certified: Licensed Minister (MDiv)

Therapy can be an effective way to confidentially talk through problems or situations with a trained professional. There are many different types of therapy, and they all have their own goal.

The philosophy of Soul Transformation is the use of psychotherapy as a tool for transformative healing



**Transforming lives on purpose,
with purpose, for purpose**

www.soultransformationtherapy.co

Therapy Services



Individual

Individual therapy is a form of therapy in which the individual works one-on-one with their therapist.



Couple

Couple therapy attempts to improve intimacy in relationships, address roles and expectations, establish agreements and resolve interpersonal conflicts between two people in therapy



Family

Family therapy is designed to address specific issues affecting the health and functioning of a family.



Soul Transformation



FROM YOUR FOUNDER

THE THERAPY PROMISE

WE PROMISE TO BE THERE FOR YOU AS YOU NAVIGATE YOUR JOURNEY. OUR GOAL IS TO HELP YOU TRANSFORM AND GROW FROM STRUGGLES, HEAL FROM YOUR PAIN AND HELP EMPOWER YOU TO SUCCESSFULLY MOVE FORWARD.



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